



MTB category explanation

Here are a few tips to help make it clear where you should race.

NOTE: A rider can only compete in one age category so you need to select from the categories listed:

Under 15, U17, U19 categories

If you are under the age of 19 years then you are required to race in your specific age category.

Sport vs Expert vs Elite

In some ways you could rename these slow / medium / fast.

- Sport is more or less for riders who may be just starting out or have just a small amount of racing experience.
- Expert is for capable 'weekend warriors' who do a fair bit of racing and are fit and capable.
- Elite is for the best riders, those who are competitive and take their racing pretty seriously.

Veteran (30-39yrs) vs Masters (40-49yrs) vs Super Masters (50+yrs)

These older aged categories are for riders who rank themselves according to their age and less because of their ability. So if you use the excuse "age is catching up with me..." then you should probably race in one of these categories!

QUESTION: What if I'm pretty fast and I'm over 30yrs old?

In this case you need to decide if you will race according to your age or according to your ability.

Our guideline is that if compare yourself according to your overall position in a race and are still competitive then we suggest you race in the ability categories (probably Expert), but if you are now a bit more of a recreational rider who just wants to compare yourself against others at a similar position in life then race according to your age.